

**Thursday, Sept 10th, 2009 - 12:15 P.M.
Volume #11 2009– 10**

This Week's Agenda:

- ✿ Pledge of Allegiance
- ✿ Singing of *America the Beautiful*
- ✿ Today's Rotary Prayer: Rev. Jim Hammond
- ✿ Visiting Rotarian and Guest Introductions: Kevin Krauss
- ✿ Sergeant at Arms Announcements: Tom Stewart

*Happy Events, Missed Last Week, Fines, Special Dates and 50/50 Drawings.
*Rotary Trivia Questions for the week.

**Mailing Address:
P.P. Rotary
P.O. Box 206**

Pinellasparkrotary.org

Trivia Questions:

1. Are children of Rotarians eligible for Youth Exchange Programs? Why or why not?
2. When (within 10 years) did the Youth Exchange Program begin?
3. Within 1000, how many young people annually participate in the Youth Exchange Program?
4. What does TRF stand for?

Upcoming Programs & Events:

- | | |
|-----------|-----------------------|
| Sept 17th | Students of the Month |
| Sept 19th | Road Cleanup |
| Sept 24th | Dorothy Gilbert (P/C) |
| Sept 25th | Special Olympics |
| Oct 1st | Jimmy Hammond (P/C) |
| Oct 8th | Visit Military Museum |
| Oct 13th | Board of Directors |
| Oct 15th | Students of the Month |
| Oct 22nd | John Johnston (P/C) |

Future Events:

- | | |
|-------------------|-----------------|
| October 8th | Military Museum |
| December 5th..... | Christmas Party |

Missed Last Week:

Al Caunitz	Kent Clouser
Ken Bray	John Johnston
John Donaghy	Phil Burns
Jerry Krauss	Dick McCall
Michael Bohnet	Marlo Provenzano

Club Member Birthday's:

Jerry Krauss	Sept.10th.....77Yrs
Phyllis Tellor.....	Sept. 12th.....61 Yrs

Club Members Wedding Anniversaries: Phil & Carolyn Burns...Sept 2nd.....48 Yr
Phil & Amy England.....Sept 12th...11Yrs Gerry & Isobel Lockett .. Sept 13th....62Yrs

Congratulations to all !!!!!!!

ROTARY IS GREAT WHEN YOU PARTICIPATE!!

Welcome District Governor

WELCOME This Week's Speaker:

District Governor, Cliff Snedeker has been a continuous Rotary member ever since his induction in Maumee, Ohio in 1964. Cliff has been very active in The Rotary Club of Clearwater since joining in 1966. He has chaired the Rotary Invitational Swim Meet, Organized the Club to Club student Exchange between Clearwater Rotary and the Leverkusen and the Leichlingen Opladen Germany clubs (began in 1982 and is still and active program). As President of Clearwater Club in 2003 & 2004 he began many programs within the club to aid in making the club the warm and friendly club that it is today. In the year 2006-7 Cliff was awarded the cherished Four Way Test Award by his Rotary Club. In addition, Cliff serves on City the City of Clearwater Cultural Arts advisory board, St. Petersburg Alumni Association Board and other community related boards and committees.



Serving his second year as AG, Cliff has had good success working with clubs to improve their club operations and fellowship. he enjoys the respect of all he serves. Cliff was awarded the Assistant Governor of the Year award from District 6950 in 2006-7. Cliff and Deanna have both been active in Rotary. Deanna was a Rotary Ann for several years and served at the president of the Rotary Ann's of The Rotary Club of Clearwater. They have both been active in the GSE program and they have hosted several GSE visitors. Cliff started the joint Clearwater Clubs GSE meetings, in Clearwater, and worked hard at getting the Clearwater Clubs to work on joint fellowship events.

He profits most who serves best !!

Last Week's Program: Program Chairman **John Donaghy** introduced **Dr. Al Comey** as our guest speaker. He spoke to us on "What is Health?" The two main causes of disease are genes and environment. What you eat can have a profound effect on your health. The things that are bad for you are: Soda (diet or regular), chips/snacks, french fries and milk. You should drink 1/2 of your body weight in fluid ounces daily and avoid tap water. An example is if your weight is 100lbs, than you should drink 50 ounces of water daily. Calcium is most important for your body. If you exercise for 20 minutes and spend 15 minutes in the sun, this will give you your daily needed calcium. Dr. Comey also recommended a good multi vitamin be taken daily. Omega 3 can reduce pain and give you healthy skin. In order to attain a good night's sleep, you should turn off the TV 2 hours prior to going to bed, this will allow your mind to relax. Today the average life expectancy is 77.6 years of age. Your environment makes up 80% to 90% of your risk for cancer. You can always change how you live your life. Chiropractic assistance can reduce blood pressure and health costs. Eighty five out of one hundred people will have some sort of back pain. He advised, take care of your body, you only have one.



President Pete Molinaro and Dr. Al Comey

Next Week's Program: **Students of the Month:**



Pete Molinaro Kenny Krauss

Richard L. Sanders School

Dixie Hollins High School

Pinellas Park High School



Michael Bohnet John Johnston

Quotable Quotes

Within I do not find wrinkles and used heart, but unspent youth.

Ralph Waldo Emerson

Happy Events:

Richard Breske's happy \$10 was for the Rays wins. They also celebrated his mother's 93rd birthday in Maryland. **Pete Molinaro's** happy \$20 was for a wonderful time at Ronald McDonald event last night and a special thank you to **Hope Peterson** and **Frank Torres** for mopping the floor. **Hope Peterson's** H/E was to thank **CJ Crooks** and his girlfriend, **Crystal**, for going to Publix and picking up extra food. They truly saved the day. **Don Higgins'** H/E was that his grandson will arrive September 15th at noon. **Dr. Al Comey,** our speaker's H/E was that he was happy to be a visiting Rotarian and our speaker for the day. **George Carter's** H/E was that his wife had her first chemo treatment today and he had an extra piece of pie for **Jerry Krauss** . **Pete Molinaro's** additional H/E was to thank **CJ** and **Crystal** for the Publix run and he picked up the baked beans from **George Carter** for the Ronald McDonald event last night. **Kevin Krauss'** H/E is that his daughter has settled into school and things are now quiet at the house. **Phyllis Tellor's** H/E was that she had a wonderful time at the **Ronald McDonald** event and was happy to see our new member, **Josh Astarita**, and his wife, **Stephanie**, there. **Tom Stewart's** H/E was that both of the twins made the volleyball team. He also was grateful to **Kevin Krauss** for covering for him in his absence. **Joe Kolodziej's** happy \$2 was for a great time at the Ronald McDonald event. **Harry Pfister's** happy \$2 was due to the fact that he did not have to stay in the hospital after a fall he took.

50/50 Winner

Tom Stewart was our weekly winner for \$7 and donated it back to the club. Next week's pot will be \$233.50.++

Pinellas Park Rotary

Road Clean-up

Volunteers Needed

September 19th..8Am to 9Am

Meet at 78th Av & 60th St.



See Phil England

For sign ups

Club	Buddies
CJ Crooks	John Donaghy
Jim Hammond	Kenny Krauss
Steve Murdoch	Joe Kolodziej
Harry Pfister	Kevin Burkart
Hope Peterson	Kevin Krauss
Richard Breske	Joe Minarik
Al Caunitz	Phil Burns
Ken Bray	Jerry Wennlund
Dorothy Gilbert	Theresa Pinnix
Don Higgins	Josh Astarita
Michael Bohnet	John Johnston
Tom Stewart	Bruce Cloud
Jerry Krauss	George Carter
Barbara Todd	Pete Molinaro
Phyllis Tellor	Phil England
Frank Torres	Marlo Provenzano
Harvey Schultz	Kent Clouser

Ronald McDonald House Dinner



Chairman Ken Bray stated that we had a great turnout for our quarterly Ronald McDonald cookout. In attendance along with Ken and Georgia Bray were Dorothy Gilbert, Joe Kolodziej, Pete Molinaro, Hope Peterson, Theresa Pinnix, Phyllis Tellor, Frank Torres, Jerry Wenlund, Josh Astarita & his wife, Stephanie, and CJ Crook & his friend, Crystal.

Thanks to all who helped make this another Great Successful Dinner!

2009 — 2010 COMMITTEE ASSIGNMENTS

MEMBERSHIP	CLUB ADMINISTRATION
<p><u>MEMBERSHIP & MEMBERSHIP DEVELOPMENT:</u> Chair: Phyllis Tellor Vice Chairs: Jerry Krauss, Phil England All club members are asked to serve</p> <p><u>ROTARY INFORMATION:</u> Chair: Joe Minarik Vice Chair: Don Higgins, Richard Breske, Kevin Krauss</p> <p><u>SNOWBIRDS:</u> Chair: Phyllis Tellor Vice Chair: Hope Peterson, Pete Hervey, Dorothy Gilbert, Jerry Krauss, Jim Hammond</p>	<p><u>ATTENDANCE / RECORDKEEPING:</u> Dick Breske, Secretary Jerry Wennlund, Treasurer Phyllis Tellor</p> <p><u>AUDIO-VIDEO / ENTERTAINMENT</u> Chair: Frank Torres Vice Chair: Phil England, Kenny Krauss, Theresa Pinnix, Steve Murdoch</p> <p><u>CARING/SHARING, FAMILY OF ROTARY & FELLOWSHIP:</u> Chair: Phil England Vice Chair: Bruce Cloud, Kent Clouser</p> <p><u>CLUB BUDDIES:</u> Chair: Tom Stewart Vice Chair: Kevin Krauss</p> <p><u>DISTRICT LIAISON:</u> Chair: Joe Minarik Vice Chair: George Carter</p> <p><u>FACILITIES MANAGEMENT AND OFFICIAL GREETERS:</u> Chair: Dorothy Gilbert V-Chair: Phyllis Tellor Steve Murdoch, Kenny Krauss, Josh Astarita & C J Crook</p> <p><u>CONSTITUTION & BY-LAWS:</u> Chair: Joe Minarik Vice Chair: Phyllis Tellor, Dorothy Gilbert</p> <p><u>GOVERNOR'S VISIT:</u> Chair: Phil England Vice Chair: Pete Molinaro, Hope Peterson</p> <p><u>INSTALLATION BANQUET:</u> Chair: Hope Peterson, Bruce Cloud Jerry Krauss, Gerry Wennlund, Dick Breske, Joe Minarik, Pete Molinaro</p> <p><u>SGT-AT-ARMS & COLLECTIONS:</u> Chair: Tom Stewart Vice Chair: Kevin Krauss</p> <p><u>SOCIAL EVENTS:</u> Chair: Phyllis Tellor Vice Chair: Dorothy Gilbert, John Donaghy, Jerry Krauss, Theresa Pinnix, Josh Astarita</p> <p><u>INTERNET CLUB & DISTRICT WEB-SITE:</u> Chair: Don Higgins, Steve Murdoch</p> <p><u>PROGRAM CHAIRMAN:</u> Chair: Hope Peterson, Pete Molinaro</p> <p><u>BULLETIN:</u> Editor: Phil Burns Co-Editor: Jerry Krauss Kenny Krauss, Theresa Pinnix</p> <p><u>HISTORY AND SCRAPBOOK:</u> Chair: Joe Minarik, Dick Breske, George Carter, Jerry Wennlund, Bruce Cloud, Phil Burns</p>
<p>ROTARY FOUNDATION</p>	
<p><u>ANNUAL GIVING:</u> Chair: Richard Breske Vice Chair: Phil Burns, Joe Minarik</p> <p><u>INTERNATIONAL GRANTS:</u> Chair: Richard Breske Vice Chair: Pete Molinaro, Harry Pfister</p> <p><u>POLIO ERADICATION:</u> Chair: Richard Breske Vice Chair: Tom Stewart</p> <p><u>FOUNDATION ACTIVITIES, & GROUP STUDY EXCHANGE:</u> Chair: Kevin Krauss V. Chair: Barbara Todd, Kevin Burkart</p>	
<p>SERVICE PROJECTS (Youth)</p>	
<p><u>SPC SCHOLARSHIPS:</u> Chair: Michael Bohnet V. Chair: Jerry Krauss, Pete Molinaro, John Johnston, Phyllis Tellor, CJ Cooks</p>	
<p>PUBLIC RELATIONS</p>	
<p><u>PUBLIC RELATIONS:</u> Chair: Barbara Todd Vice Chair: Jimmy Hammond Don Higgins</p> <p><u>PHOTOGRAPHY:</u> Chair: Theresa Pinnix Vice Chair: Pete Hervey Kenny Krauss, Jerry Krauss</p>	

2009 — 2010 COMMITTEE ASSIGNMENTS

SERVICE PROJECTS

ENVIRONMENTAL AND ADOPT-A-ROAD PROJECTS:

Chair: Phil England
Vice Chair: Joe Kolodziej
George Carter, Joe
Minarik, Jerry Krauss,
Steve Murdoch, Kevin
Burkart, Josh Astarita

COUNTRY IN THE PARK:

Chair: Dorothy Gilbert
Vice Chair: Joe Minarik
Phil England, Bruce
Cloud, George Carter,
Hope Peterson, Jerry
Krauss, Gerry Wennlund,
Kevin Krauss, Phil Burns,
Kent Clouser, Pete
Molinaro, Tom Stewart,
Frank Torres, Kenny
Krauss, Joe Kolodziej,
Phyllis Tellor, Josh As-
tarita & CJ Crook

ROTARY CAMP FLORIDA CLEAN -UP:

Chair: George Carter
Vice Chair: Bruce Cloud
Joe Kolodziej, CJ Crooks

INTERACT:

Chair: Michael Bohnet
Vice Chair: John Johnston
Phyllis Tellor, Harry
Pfister, CJ Crooks

CHRYSLER CHAMPIONSHIP:

Chair: Tom Stewart
Ken Bray

COMMUNITY DEVEL- OPMENT, SERVICE & AWARDS:

Chair: Pete Molinaro
Vice Chair: Kenny Krauss
Phyllis Tellor

CHRISTMAS BASKETS:

Chair: Theresa Pinnix
Vice Chair: Jerry
Wennlund, Hope
Peterson, Bruce Cloud,
George Carter, Ken Bray,
Phil Burns, John
Donaghy, Kevin Krauss,
Pete Hervey, Kenny
Krauss, Tom Stewart,
Kevin Burkart & Josh
Astarita

POKER RUN:

Chair: Phil England
Vice Chair: Phil Burns
Joe Kolodziej, Ken Bray

RONALD McDONALD HOUSE:

Chair: Ken Bray
Vice Chair: Bruce Cloud
George Carter, Jerry Krauss,
Kenny Krauss, Theresa Pinnix,
Dorothy Gilbert, Harry Pfister,
Phil Burns, Kevin Burkart,
CJ Crooks, Josh Astarita

SALVATION ARMY BELL RINGING:

Chair: Dorothy Gilbert
Vice Chair: John Donaghy
Kent Clouser, Pete Hervey,
Jerry Krauss, Phil Burns,
Harry Pfister, Josh Astarita

S4TL:

Chair: Harry Pfister
Vice Chair: Frank Torres
Don Higgins

STUDENTS OF THE MONTH:

Chair: Kenny Krauss
Vice Chair: Pete Molinaro
Michael Bohnet, Pete Hervey,
Theresa Pinnix, Jerry Krauss,
Phil Burns, John Johnston,
CJ Crooks

BOWL-A-THON:

Chair: Phyllis Tellor
Vice Chair: Dorothy Gilbert
Joe Minarik, Phil England,
Bruce Cloud, Jerry Krauss,
Kevin Krauss, George Carter,
Al Caunitz, Phil Burns, Pete
Hervey, John Donaghy,
Barbara Todd, Hope Peterson,
Frank Torres, Joe Kolodziej,
Kenny Krauss, Theresa Pinnix,
Harry Pfister, Steve Murdoch,
Kevin Burkart, Josh Astarita

Pinellas Co Special Olympics-2009



Chairman Joe Minarik reported that he had a great group of volunteers for the Special Olympics bowling at the Lanes this past Saturday. Many thanks to Rotarians Dorothy Gilbert, Kevin Burkart, Pete Molinaro, Hope Peterson, Phyllis Teller, Tom Stewart, Kevin & Kenny Krauss. A very special thanks to family members Cory Krauss, Chris & Mackenzie Patel, Kailey Reiger, Pat & Joey Minarik, Ashley & Alex Brodsky, Jessica Stewart, Samantha & Connor Burkart and Alyssa Collins.